CSS COURSE SYLLABUS

Psychology

100 marks · one paper · Group VII - Humanities & Languages

Complete Psychology syllabus. The full official FPSC syllabus this course covers, section by section.

1. **Nature and Scope of Psychology: Definition and scope, Psychology as a Science,**
   - Schools, Perspectives, and Models of Psychology, Recent Trends
2. **Biological Basis of Behaviour: Nervous System, Neuron and its function, Central**
   - and Peripheral Nervous System, Endocrine System
3. **Sensation and Perception: Sensory process, Perception, Gestalt Principles,**
   - Binocular and Monocular cues, Illusions and Extra Sensory Perception, Determinants of Perception
4. **Learning and Memory: Nature and Forms of Learning, Types of learning: Classical**
   - and Operant Conditioning, Reinforcement, Extinction, Discrimination, Punishment, Observational Learning, Theories of Learning, Types of Memory, Process of Memory, Forgetting, Theories of Memory
5. **Motivation and Emotion: Homeostasis, Factors affecting Motivation, Biogenic and**
   - Social Motives, Measurement of Human Motivation, Theories of Motivation, Emotions, Types of Emotions, Physiological changes in Emotion, Theories of Emotions.
6. **Psychological Assessment: Attributes of Psychological Measures, Validity,**
   - Reliability, Item Analysis, Norms, Modern Test Theory, Selection and Training, Educational and Clinical Assessment, Ethical and Legal Issues in Assessment.
7. **Personality: Determinants of Personality, Factors in Development of Personality,**
   - Theoretical Perspectives, Personality Assessment and Techniques, Cross-Cultural Issues.
8. **Intelligence: Theories of Intelligence, Types of intelligence (IQ, EQ), Assessing**
   - Intelligence
9. **Social Influence and Group Dynamics: Social Facilitation, Attribution, Conformity,**
   - Obedience, Altruism, Attitudes, Social Norms.
10. **Developmental Psychology: Physical, Cognitive, Social and Emotional**
    - development in Childhood, Adolescence, Adulthood and Old Age
11. **Abnormal and Clinical Psychology: Concept and causes of Abnormality, Clinical**
    - Assessment and Intervention, Different disorders such as Schizophrenia, Mood disorder, Anxiety disorder, Personality disorder, etc. Psychological treatment including different Therapeutic instructions.

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12 **Organizational/Industrial Psychology: Leadership styles, Decision making, Work**

- motivation, Organizational Culture, Stress and Conflict at Work and its Management, Organizational Socialization, Job related Attitude, Sexual Harassment, Glass Ceiling, Human Computer interaction.

13 **Health Psychology: Beliefs and Behaviour, Models of Health Psychology,**

- Assessment and Intervention, Models of Stress, Chronic and Terminal Illness, Role of Social Support.

14 **Forensic Psychology: Psychology and Law, Investigation, Confession, Eyewitness**

- Testimony, Working with Offenders, Juvenile Delinquents, Drug Addicts, Sex Offenders etc.

Source: Revised Syllabi for CSS Competitive Examination, CE-2016 (updated 7 July 2015), Federal Public Service Commission.

> Practise answers on this syllabus and get them marked out of 20 at **cssprep.ai**. Questions? WhatsApp **+92 323 7805323**.

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